

INTRODUCTORY CERTIFICATE IN COMMUNITY HEALING

About the Introductory Certificate in Community Healing

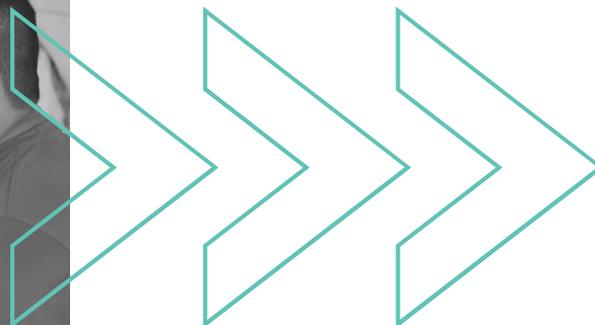
Collaborators,



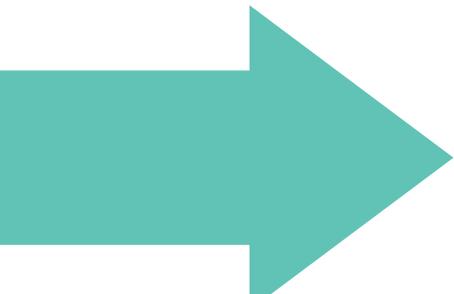
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Students receive hands-on experience in co-creating learning communities that cultivate critical thinking, social analysis, self-awareness, collaboration, exploration of creative solutions to social issues, appreciation for diverse perspectives, dialogue across differences, and strengthen relationship building both inside and outside the jail. As both the learner and practitioner, students discuss themes essential to community healing such as spiritual activism, personal narrative, lived experience, justice, social change, love, artistic expression, abolition, restorative justice, healing justice, mindfulness, and body-centered practices.

Through learning labs such as facilitating peer-led book discussions, facilitation of sessions, leading class discussions, facilitating opening and closing rituals and the like, students are exposed to ways of being that repair harm and meet multiple community needs. Additionally, students will dialogue with and learn from system impacted practitioners to create a vision of community healing for their unique circumstances.

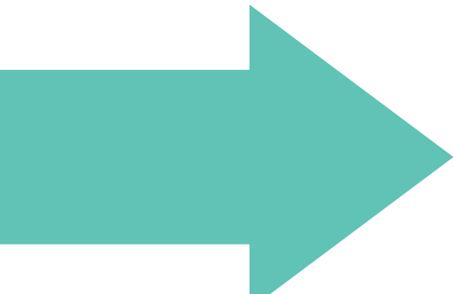


Learning Objectives



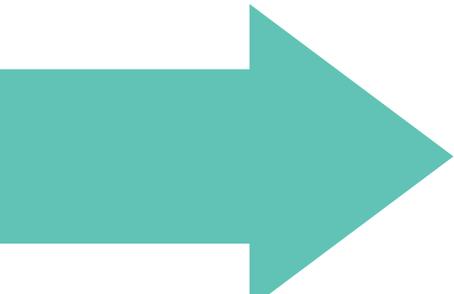
01 Utilize

Utilize the authoritative source of their experience and the particularities of their social identity to articulate the interconnection between healing and social change.



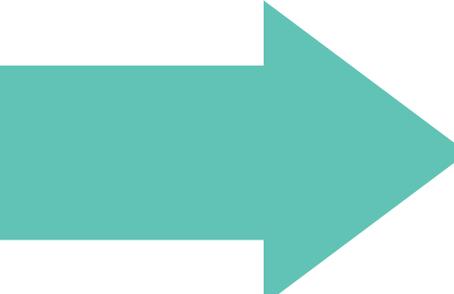
02 Integrate

Use and integrate a variety of interdisciplinary resources in order to construct meaning for their time and place.



03 Practice

Practice the key themes from the certificate courses to gain hands-on experience with co-leading learning communities.



03 Nurture

Nurture the co-creation of learning communities.

The Certificate Courses



Art and Spiritual Activism: Reimagining Preaching for Public Ministry

Reimagining Preaching for Public Ministry is a 10-week learning lab course that utilizes art and spiritual activism. Students are invited to reimagine preaching for public ministry as an artistic process that transmutes the suffering caused by oppression into proclaiming God's message of liberation and healing. Students participate in a hands-on, collaborative process of self-creation and artistic expression through various artistic mediums such as music, dance, theater, creative writing, poetry, streetwear clothing, and graphic design as a means of compassionate agitation, prophetic proclamation, therapeutic release, bonding/relating with others and liberating one's self and others through their imaginative faculties to create liberating preaching pieces.

Body-Centered Practices for Community Healing

Body Centered Practices for Community Healing is a 10-week learning lab, designed as a train-the-trainer model. Students learn the practice of facilitation in *Holding Change* by adrienne maree brown and participate in peer-led facilitated discussions using *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* by Resmaa Menakem. Students explore the assumptions, bias, traumas and experiences that lead to racialized violence and how to begin to heal from racial trauma through body-center practices that move us towards a more just society. At the end of the course, students are invited to practice in co-facilitating a book discussion on their deck with their peers. Every week students co-lead the opening ritual, community agreements, and co-facilitate the group discussions with their peers on the assigned reading.



The Certificate Courses



Healing and Justice Conversation Series

This 12-week learning lab course entitled Healing and Justice Conversation Series is part of the “Introductory Certificate in Community Healing”. Through dialogue, praxis and reading of selected passages from the primary texts *Love and Rage: The Path to Liberation through Anger* by Lama Rod Owens and bell hooks, *All About Love: New Visions*, and additional selected readings, students ask rigorous questions such as how do we understand justice? How do we know love? What is community healing? How do we understand Lama Rod Owens’ *7 Homecomings* as a vision for community healing? A primary goal for the learning lab is to acknowledge the transformative power of anger for individual and social change. As both learners and practitioners’, students co-facilitate opening and closing rituals, mindfulness practices, community agreements and check ins/outs.

Support This Work!

You too can be part of this community healing! Please help us spread the word about this work, share with a friend.



Or visit <https://sbimccormick.org/donate>

We thank you for your continued support in our efforts to make change, together.

Questions? Comments?

Contact us!

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